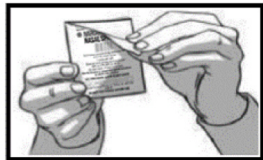


# NEW NASAL NARCAN SPRAY

**1** PEEL BACK PACKAGING TO REMOVE DEVICE



**2** PLACE THE TIP OF THE NOZZLE IN THE NOSTRIL UNTIL YOUR FINGERS TOUCH THE BOTTOM OF THEIR NOSE



**3** PRESS THE PLUNGER FIRMLY TO RELEASE THE DOSE INTO THE NOSE



RESPONDING TO AN OVERDOSE: ADMINISTER NARCAN

# HOW TO PERFORM RESCUE BREATHING

1

CHECK FOR BREATHING  
(WATCH FOR CHEST RISING)

2

PINCH THE NOSE, AND LIFT CHIN

3

SEAL MOUTH TO MOUTH, GIVE 2 QUICK BREATHS, AND WATCH CHEST/  
STOMACH RISE TO SEE IF AIR ENTERS LUNGS

4

GIVE 1 BREATH EVERY 5 SECONDS; CONTINUE UNTIL PARAMEDICS  
ARRIVE



RESPONDING TO AN OVERDOSE: RESCUE BREATHE

BUILDING A HEALTHY BOSTON  
MAYOR MARTIN J. WALSH

BOSTON  
PUBLIC  
HEALTH  
COMMISSION

