

PREPAREDNESS
SUMMIT

March 26-29 | St. Louis, MO
2019

THE
Evolving Threat
Environment

Workforce Protection:

Disaster Behavioral Health Interventions Supporting Boston's "Responders"

About Us

Our Vision:

A resilient Boston through healthy, informed, and connected communities that are supported every day and during emergencies by strong, integrated public health and healthcare systems.

- Community fares better after an emergency
- Equitable access to health and human services during and after emergencies



About Us

- Local public health authority
- Sponsoring organization for healthcare coalition
- ESF #8 lead for the City of Boston



**Boston Healthcare
Preparedness
Coalition**

RSF: Health and Social Services



Local Lead Coordinating Agency

- Restoration of essential health and social services
- Disaster behavioral health
- Protection of resident's long term health
- Environmental health cleanup
- On-going public health messaging

Workforce Protection Activity

**What Significant
Events Have Impacted
Your Area and/or
Staff?**

Workforce Protection Challenge

City Of Boston

- Population ~600k
- 1M+ including commuters and visitors
- Dense diverse populations
- Residency requirement
- ~1100 public health employees
- 900+ Medical Reserve Corps volunteers
- 1500+ community based responders

Workforce Protection Challenge

Significant Events That Impacted Area/Staff

- Wardman Road Explosion
- South Boston Broadway Station Jumper
- Haiti Earthquake
- Boston Marathon Bombing
- Morrissey Boulevard Triple-fatal Crash
- Harlem Street Triple Homicide
- Client Suicide On-Premise

Workforce Protection Challenge

Part 1 Crimes In Area

- 50 Homicides
- 500 Non-incidents
- 5000 Impacted
- 22000 Trauma-inducting crimes

Workforce Protection Approach

More Than Self-Care

- Staff as clients
 - Ready Safe Healthy
 - Psychological First Aid
 - Workforce Resilience Workgroup – Social Services
 - Local Resilience Teams
 - Community Advisory Committee
- Community Response and Recovery

Workforce Protection Activity

Scenario

- **Unexpected Explosion**

- Shock to this facility
- You may be anywhere in the building

- **Question 1**

- What are the typical reactions within in the ***first 3 seconds?***

- **Question 2**

- What changes are the typical issues remaining ***3 weeks afterwards?***

Workforce Protection Approach

Disaster Behavioral Health for Staff

■ Psychological First Aid

- 1:1 Intervention for individuals
- Adapted for various ethnocultural populations and settings
- Promotes resilience-building

■ Post Traumatic Stress Management

- Derived from ***Critical Incident Stress Management - Debriefings***
- Adapted for civilian deployment after 9/11
- Several phased group interventions

■ Maximum Capacity

- 1500+ employees, partners, MRC Volunteers and community members

Workforce Protection Justification

Mission Fulfillment

- Protect against
 - Attrition
 - Reduced performance
 - Error and harm

Thank you for participating!

For further questions or comments, please contact:

Stacey Kokaram

Director

Office of Public Health Preparedness

skokaram@bphc.org

Courtney Grey

Director, Disaster Behavioral Health

Office of Public Health Preparedness

cgrey@bphc.org

Office of Public Health Preparedness

preparedness@bphc.org

www.bphc.org/preparedness

**DelValle Institute for Emergency
Preparedness**

delvalle@bphc.org

<https://delvalle.bphc.org>

